

EELS - Distance Qualifying Times

	Freestyle	Back Stroke	Breaststroke	Butterfly	Individual Medley 4 x 25
12.5m -- Advance to 25m	0:16	0:19	0:19	0:17	
25m -- Advance to 50m	0:24	0:28	0:29	0:26	1:40
50m -- Advance to 100m	0:41	0:49	0:52	0:46	
100m -- Advance longer distances	1:33				

If you swim faster than the times above, you qualify to advance to the next distance.